



Selah Parks and Recreation Department
Coaching Packet

City of Selah Parks and Recreation Department – Coaching Packet

Introduction

The City of Selah Parks and Recreation Department wants to thank you for volunteering your time and energy to be a youth sports coach. The City of Selah Parks and Recreation Department strives to produce quality recreational programs for the entire community and youth coaches are the engine behind this machine. Without volunteer youth coaches, these programs would not exist nor be as successful as they are.

Objectives

It is the Parks and Recreation Department's responsibility to provide objectives in which coaches can strive for while leading the youth and their teams. The coaches are leaders and mentors.

1. Provide enjoyment to the participants, parents and other coaches
2. Contribute to the mental, emotional, physical and social development of the children
3. Foster positive character traits by teaching teams how to win and how to accept defeat
4. Create a positive learning environment
5. Provide all children the right to participate regardless of skill level
6. Treat all children, parents, coaches, and staff members with respect and dignity
7. Teach children about hard work, commitment, team work and perseverance through recreational activities

Benefits of Coaching

1. Rewarding experience
2. Giving back to community
3. Positive role model to children
4. Spending time with your child and their friends
5. Teaching children life lessons through sport which will stick with them throughout their life

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Expectations

1. Remember that these are games. Make the activity fun for everyone.
2. Respect the rules of the game.
3. Respect those enforcing the rules of the game.
4. Be early and organized for practices.
5. Communicate, constantly, with parents (i.e., practice dates/times, practice cancellations, game dates/times, game cancellations)
6. Make contact with your players' parents within **TWO** days of receiving team roster.
7. Have an organized plan for each practice.
8. Be a positive role model and leader for your team and parents.
9. Demonstrate good sportsmanship at all times.
10. Set high standards for your team and lead by example.
11. Promote competition, teamwork, and hard work.
12. Promote parent involvement with the team.
13. Enjoy the experience.

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Coaching Code of Ethics

I hereby pledge and agree, as a volunteer youth coach, to follow the City of Selah Parks and Recreation Department's Code of Ethics:

I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.

I will create a positive learning experience for all who participate.

I will conduct myself in the highest degree at all times, lead by example and demonstrate good sportsmanship, fair play and teach integrity of the game.

I will remember that I am a youth coach and that the game is for the players and meant to be fun.

I will place the emotional and physical well-being of my players ahead of a personal desire to win.

I will do my best to make this sport fun for all my players.

I will remember to treat every player as an individual and be sensitive to each player's feelings.

I will be knowledgeable in the rules of each sport that I coach and I will teach and follow these rules.

I will teach my players to treat other players, coaches, fans and officials with respect.

Coach Name

Coach Signature

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Parents Code of Ethics

Parents are a vital piece of the development of young athletes. Parents must set a positive example to their children and others whether they're coaching or sitting in the stands being spectators. Parents need to be good role models by showing respect and sportsmanship on and off the field. The following is the City of Selah Parks and Recreation Parents Code of Conduct:

I will encourage good sportsmanship and respect by demonstrating support for all players, coaches, and officials at every game, practice or other youth sports events.

I will support the coach by allowing them to coach the kids and refrain from "sideline coaching."

I will provide support for coaches and officials working with my child to provide a positive, safe, and enjoyable experience for everyone participating.

I will support the coaches, players and officials, and help teach sportsmanship, ethical behavior, fair play and the value of commitment to the team.

I will accept the decisions of the officials on the field as being as far as possible and the game being called to the best of their ability.

I will remember that the game is just a game and should be fun at all times for the children.

I will promise that myself and my child will treat coaches, game officials and other spectators with respect at all times.

I will be knowledgeable and learn the rules of the game my child is participating in to effectively participate in providing a positive experience.

I will provide my child with support, encourage extra practice time and engage with my child in the activity at home.

I understand that if I do not conduct myself in accordance to the conduct policies, I may be asked to leave the activity premises.

Parent Name

Parents Signature